

September 2016 Newsletter

Goju-Ryu Karate-Do Kyokai

www.goju.com



Gasshuku

By Ed Myers

Gasshuku originally meant something like “meeting at the inn”. It was (and is) a chance for like-minded individuals to gather and share experiences, develop and/or strengthen friendships, enjoy good company, and practice together. It is as much about camaraderie as about karate.

Yamakura Shihan will hold a Gasshuku in the Toledo Ohio area September 26th - September 30th. This event is open to the brown (with instructor’s approval) and black belt members of the GKK. Training will be Monday through Friday for 3 hours each evening, 6pm – 9pm. Sessions will be at the Black Swamp dojo (my house).

Please contact Mr. Ed Myers if interested.

New York Seminar

By Frank Matt

News from Glens Falls New York. We will be holding a GKK seminar October 14 and 15 at the Adirondack Sports Complex this year. We moved from our little dojo in Corinth to a bigger venue in Glens Falls.

Mr. Ed Myers will be leading the classes this year and I hope many of you can make it. We will have a Friday evening general class from 7 -9pm, and Saturday from 9:30 am until around 5pm .

You can pre-register on line at adirondacksportscomplex/programfinder.cfm. Click on New York Seminar. The cost will be 15.00 for the two days. We have a little cafe on site for lunch on Saturday with all kinds of stuff.

I will plan on a dinner at a local restaurant after class Friday night. Please contact me at fmatt04348@yahoo.com. with any questions.

2016 USA Goju-Ryu Karate-do Seiwakai Annual Training Seminar

with JKF Gojukai & Seiwakai Shinsa Santa Monica, CA, USA

Friday-Sunday, Nov. 4, 5, & 6, 2016 Open to all Karate Practitioners.

Three days of training in sunny Santa Monica, California with Seiichi Fujiwara Hanshi, 8th Dan -- President and Head Instructor of Goju-Ryu Seiwakai and Head of the JKF Gojukai Overseas Committee;

- Vassie Naidoo Shihan, 7th Dan -- President of Seiwakai USA;
- Desmond Tuck Shihan, 7th Dan -- Vice-President of Seiwakai USA; and other Senior Instructors from the USA, Canada, Mexico, and Australia. The emphasis will be on kihon waza, kata, and practical applications of Goju-Ryu Karate-do.

You will leave this seminar with significant improvement of your kata performance, kata bunkai, Goju-Ryu style kumite, and a deeper understanding of Karatedo.

Please plan on joining us for insightful instruction, sweat, beach training, and camaraderie, at the Rustic Canyon Recreation Center - 601 Latimer Road Santa Monica, CA 90402 Special room rates are available (under KICK) at the Travelodge Santa Monica 3102 Pico Blvd., Santa Monica, CA 90405 (310) 450-5766

For registration forms please visit; <http://www.greatlakesseiwakai.com/tournaments-and-seminars.html>

M. Yamakura	Chairman	3763 Old Creek Road, Troy, MI 48084	chairman@goju.com
Ed Myers	CEO	11568 Reed Road, Whitehouse, OH 43571	ceo@goju.com
Dwight Scales	USA Director	1940 Bobolink Lane, Toledo, OH 43615	dwright.scales@imagineschools.com
Eric Naujock	Webmaster	2146 Queensdale Ct., Maumee, OH 43537	webmaster@goju.com
Bill Kane	Program Development	7 Shalimar Lane, Maple Glen, PA 19002	wmkane@comcast.net
Deb Crawford	USA Business Manager	5705 Northlake Road, Springfield, IL 62711	sharpda71@msn.com
Angie Monday	Merchandise Administrator	6030 Davida, Toledo, OH 43612	angie.monday@yahoo.com
Bill Handren	Newsletter Editor	115 West North Street, Dwight, IL 60420	yokagawa2002@yahoo.com

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