

July 2019 Newsletter
Goju-Ryu Karate-Do Kyokai

www.goju.com



Pictures Are Worth A Thousand Words

Thanks to Trish Ballweg and Brent Peters for the following pictures of our annual seminar







Leaders

By Rich Stamper

Among the several topics discussed at our recent GKK Annual Meeting, there were two in particular that we need to attend to. All of us.

First, we need to be prompt submitting promotion results to HQ.

Usually, rank promotions show up on Active Member Lists, but not the date of the promotion, and sometimes the new rank gets lost if there is no comparison from year to year.

Second, we need to abide by Yamakura Shihan's directive that each dan ranked member of the GKK submit at least one article to our Newsletter annually.

This directive has been in place for more than thirty years but tends to be ignored.

Our members, each of us, strive diligently to improve and be recognized. Rank promotions are hard earned and deserve recognition. An article in our Newsletter is one recognition of the student's accomplishment, and recognition of the instructors and program that made it happen. There should be great pride by the instructor in being capable of assisting an individual accomplish the requirements for promotion. Tell HQ and the world of the event. Anyone in the program can do that. Anyone.

Our Newsletter is an underutilized resource. Each of us knows something that the rest may not, and one of our strengths is sharing the wealth of knowledge contained in our membership. Share what you know.

News is what a newsletter is about. Every program has events going on that the rest of us are interested in. Often an event is open to our membership at large and advance notice might make it possible for some of the rest of us to attend. Tell us what you are doing. Anyone in your program can do that. Anyone.

You are the leaders of the GKK. Every one of you regardless of belt rank. Leadership is not position or title. Leadership is action and example. Take the initiative. You are our leaders.

GKK International 2018 - 2019

Argentina : no report as of 5/17/19

Canada

Goals

1: Increase Karate Programs by one

We have a sweet problem. Although there are centers that wish to have a program, we do not have enough instructors to implement them. We are developing another model

2: Increase Black Belt Compliment

Forecasting in the 2019 period potential grading; There were no Dan grading Promotions during the April 2018 to April 2019 period

Forecast;4 to Shodan, 1 to Nidan, 1 to Sandan, 2 to Godan

3: Increase Tournament Participation

Sponsor one GKK Canada tournament

Forecast for October 2019; Attend Sanctioned Tournaments. Several Tournaments attended with members placing in the competitions

Host Tournament Skills Clinic; Hosted on June 3rd 2018

4: Increase Kobudo Clinics; Host Kobudo Clinic. Hosted on June 3rd 2018

5: Increase Kata Clinic

Future Goal in 2019 period

Yamakura Shihan Visits Canada regularly to keep this area fresh (At times Canadian Immigration thinks he visits too much—lol)

10: Tournaments and Clinics

The October 29, 2018 did fail to materialize as a majority of the programs did not begin till late September or early October.

When registrations did not meet expectations, this skills development tournament did not materialize.

We will again attempt this to occur first Sunday of November, pending securing a tournament site and insurance.

Several clinics did occur: Two Bo Clinics June 3 2018 and December 1 2018 and June 3, 2018 Kumite clinic and a Kata Clinic

Germany Yearly report of 2018

Karate and self-assertiveness course on 24th of February in Baierbach This Saturday was all about Goju-Ryu Karate. In the morning the topic of Karate techniques in practice was taught, while in the afternoon the focus was on self-defence using special techniques of Karate there fore. Everybody including the instructors as well as the parents watching and especially the participating children had a lot of fun and left the day with lots of new knowledge gathered. Every participant learnt a lot about how to properly react to threatening situations.

25th -27th of May - 3 day course in Regen The focus of this year's program in Regen was on „Kata“. This included learning the Kata and ist movements as well as practicing them with a partner. There was a lot of time spent on training and learning new things but also on having fun and enjoying one self!

Okinawa Kobudo course on 08th of July in Wörth

This Saturday was all about Okinawa Kobudo. In the morning the participants worked with the long stick and in the afternoon they practiced with Tonfas. The right usage and technique for these weapons was taught. Also, Katas and techniques of Kobudo were introduced. There was a lot off unto have and things to learn.

29.09 Bavarian Championship in Kickboxing in Obertraubling Over 285 participants from all over Bavaria started in different fighting disciplines.

The following courses were also visited:

Feb. – „Trainer meeting“ in Ingolstadt; new methods of teaching for instructors

8th Goju Ryu-day in Ingolstadt

July: Andreas Salchow Dan exam in Kyusho-Jitsu

„BKB day“ in Ingolstadt

And many more...

India Vipool Dasani

During the period we attend two competitions in both categories junior and senior. We gave a good performance where our participants won medals. Participated in both events kata and kumite. These both tournaments were international events where people from Spain, Sri Lanka, Kenya, Bhutan, Malaysia, Iran, England, Mauritius, Nepal and Bangladesh.

We had an outdoor camp like every year and 72 students attended. This was a 4 day camp ; 4 sessions a day. National tournament. Camp was held in the last week of December.

A seminar on self defense for women was conducted for 21 women of various age groups on 14th October.

As I have school contracts I had to put up a demonstration and perform in front of the whole school.

We conducted Kyu gradations in the month of August and February. Dan gradations also to be conducted. Senior Dan gradations were conducted in May

Bhadresh

April 2018

1. Regular Karate Training Class.
2. Self Defense Seminar for Girls in Essar International School, Surat. Instructor In charge : - Sensei Satya Dave - Sensei Amitsinh Patel - Sensei Yusuf Multani - Sensei Jagrut Acharya - Sensei Vikas Jariwala

May 2018

1. Regular Karate Training Class.
2. Our Girls Students Attempted Guinness Book of World Records. For Most Layer on Beds of Nails Female.

Under the Guidance of Sensei Satya Dave, Surat & Member of All GMA, India. The Participated Girls Students of GMA Surat are : - Megha Thakur - Sheel Gupta

3. Summer Camp for Children at : (5 Days - 2 Hrs/Day) a. Ramlal Bagadiya School, Surat. Inch : - Sensei Dhaval Adhvaryu - Sheel Gupta b. Shri Satya Sai School, Althan, Surat. Inch : - Sensei Pranav Patel - Sensei Aziz Zaveri c. Jivanbharti Pravrutti Vidhyalaya, Surat. Inch : - Sensei Vikas Jariwala - Sensei Kaushal Dave 4. Self Defence, Yoga, Aerobics, Fitness & Nutrition workshop for Students Police Cadet (SPC) Annual Camp, under guidance of Surat City Police. Inch : - Sensei Satya Dave - Sensei Amitsinh Patel - Sensei Jagrut Acharya - Sensei Mrs. Devyani Acharya - Sensei Pranav Patel - Sensei Yusuf Multani

June 2018

1. Regular Karate Training Class.
2. Karate & Self Defense Workshop for NCC - 6 Battalion (Girls) All Gujarat Annual Training Camp.
3. Self Defense Seminar in Bhagwan Mahaveer College, Surat. Instructor In charge : - Sensei Satya Dave - Sensei Yusuf Multani - Sensei Dhaval Adhvaryu
4. Special Basic & Advance Training for Prashanti Security Force, Shri Satya Sai Organisation for 2 Days. Inch : - Sensei Satya Dave - Sensei Pranav Patel
5. Training of Yoga for World Yoga Day in "Civil Defense Members of Surat". Inch : - Sensei Satya Dave - Sensei Amitsinh Patel
6. Honors Program by Mr. Ashwin J. Dave of Surat for All GMA India Instructors and Surat Senior Girls Students for Successfully Attempting Above Said World Record Program and All Senior Students for Supporting the Attempt of the Girls Students.

July 2018

1. Regular Karate Training Class.
2. Kyu Grading Examinations for All Students of Gujarat.

August 2018

1. Regular Karate Training Class.
2. Participated in District Inter School Cumitte Competition for Junior & Senior Grade Student.
3. Self Defense Workshop of (3Hrs x 2Days) in Govt. Civil Defense Department, Surat. (Amroli, Surat.) Inch : - Sensei Satya Dave - Sensei Yusuf Multani

September 2018

1. Regular Karate Training Class.
2. Self Defence Seminar For Girls At UKA Tarsadia University, Bardoli, Surat. Inch : - Sensei Satya Dave - Sensei Dhaval Adhvaryu - Sensai Arish Shaikh - Sensei Jay Chahwala - Sheel Gupta
3. Our Students Takes Part in District Level Yoga Competition.

October 2018

1. Regular Karate Training Class.
2. Organised Inter School Kata, Push-ups & Rope Skipping Competition for Junior & Senior Grade Student.

(Total : 540 Boys & Girls)

3. Take Participate in District and State Level Karate (Kata, Kumite) competition.

November 2018

1. Regular Karate Training Class.
2. Adventure Camp with Advance Karate & Self Defense Workshop for other then GMA Students.
3. Kyu Grading Examinations for All Students of Gujarat.

December 2018

1. Regular Karate Training Class.
2. Take part in Rally as Global Martial Arts Academy, Gujarat in Annual Day of Civil Defence.
3. Annual National Gassaku Training Camp with Gradation (All India).
4. Given 12 days training of Self Defense to 250 girls of 3 Schools, The Training Program for Girls driven by

Municipal School Board, Surat.

January 2019

1. Regular Karate Training Class.
2. Karate & Self Defense Workshop for NCC - 6 Battalion (Girls) All Gujarat Annual Training Camp.
3. Given 12 days training of Self Defense to 170 girls of 2 Schools, The Training Program for Girls driven by

Municipal School Board, Surat.

February 2019

1. Regular Karate Training Class.
2. Kyu Grading Examinations for All Students of Gujarat.
3. Given 12 days training of Self Defense to 200 girls of 4 Schools, The Training Program for Girls driven by

Municipal School Board, Surat.

4. Seminar on Benefits of Karate in 2 Schools, 1 Tuition Classe in Surat. Inch : - Sihan Satya Dave - Sensei

Yusuf Multani - Sensei Dhaval Adhvaryu - Sensei Amitsinh Patel

March 2019

1. Regular Karate Training Class.
2. Given 12 days training of Self Defense to 150 girls of 2 Schools, The Training Program for Girls driven by

Municipal School Board, Surat.

3. Karate & Self Defense Workshop for Railway Protection Force (RPF), Valsad in Association with Shri Satya Sai Seva Samiti, Valsad. Inch : - Sihan Satya Dave - Sensei Yusuf Multani

Israel

Summary for 2018. By the end of 2018 we were about 90 active members, training in 7 separate Karate groups:

- 2 Groups of: Pre karate & Kids Karate – ages 4-8
- 2 Groups of: Kids karate – ages 8-11
- 2 Groups of: Youth karate – ages 12-18
- 1 Group of: Adults

We are a team of 4 Karate instructors each with his own specialty and teaching preferences.

GKK Israel

Shihan's Visit July 2018; On July 2018 Mr. Chen Niv Sensei was awarded with Yon Dan by Shihan as well as with Shihan's award for his continued diligence and efforts . Mr. Michael Shitrit and Mr. Amos Agiv were promoted to Ni Dan. Mr. Illay Astel was tested and promoted to black belt.

Additionally, we have members promoted to Ichi Kyu and are on their black belt preparation. More made good progress within kyu ranks.

Serious and long term students from our kids and youth groups where promoted to or above Kyu 6.

During the passing year we have had numerous Park and outdoor sessions – all about 4 hours workout sometimes with kids Intermediate Rank Promotions...

Our Main event of the year was Shihan Yamakura's visit to attend our summer Gasshuku, which included the Black Belts Promotions. It was 5 days of training, curriculum and extra curriculum, led by Shihan and our team of instructors, including indoor training and bonding time.

During Shihan's visit, we requested Shihan to teach senior practitioners from various styles of traditional karate during a large event we have hosted. Shihan's teachings were greatly appreciated and enjoyed by all participants, all requesting to attend future events in which he will teach.

We have additional supplementary and complementary classes – Yoga, combat fitness, and a street "Self Protection" program, under the name "Otzma Syatem".

We also have special extra black belts classes and Open Dojo time to deepen the understanding of the devoted ones.

On September 2018 Mr. David Halperin Sensei (San Dan), Mr. Matan Lachtshiver Sensei (Sho Dan), Mr. Illay Astel (Sho Dan), Mss. Lia Halperin (San Kyu) and myself from our dojo along with Mr. Eyal Nir Sensei Chairman of ITKF Israel and participated and represented Israel and our dojo in the European Traditional Karate Championship held in

Belgrade Serbia . We were the only Goju practitioners. We presented Goju Kata and were awarded with nice ranking among some of the world's finest Traditional Karate Competitors. Mr. David Halperin Sensei was awarded with Bronze Medal for his performance of Sepai Kata. Matan Sensei and Illay were ranked in fourth place for their performance of Embu (pre-arranged combat).

Our Dojo is active within "Budo for Peace" which is an organization that operates on bridging people from different backgrounds from the Israeli society (Jews, Arabs, rich, poor, religious and non-religious) all bonding under the values and virtues of the martial arts in order to promote peace and understanding.

Within the frame of the activity with "Budo for Peace", the undersigned is operating 2 very special programs, one with very disable people and another involving religious women – Jewish and Muslim together. Both programs have deep effect on the participants and myself as their teacher.

Our goals for the year 2019 are:

1. Annual Black belt promotions and Summer Gasshuku July 2019.
2. We continue to Form alongside other major figures in the Israeli Karate world a local traditional karate organization also representing the ITKF. This organization is promoting all Traditional Karate activities and cooperation between styles, organizations, schools and teachers. The undersigned is a co-founder to this endeavor with Eyal Nir Sensei (of the ITKF) and supported by our dojo leadership.
3. Filming the Third season of the very successful TV show "Fauda" now on Netflix. The undersign is the tactical consultant and action choreographer and instructor to the actors. Filming has started on March 2019 and will continue until the end of June 2019.
4. On June 14-16 a delegation from our dojo will participate in the European Traditional Karate Championship for 2019 to be held in Romania. Our delegation has started training and preparation.
5. Assaf Astel (12 years old), is our dojo candidate this year for participation in a summer camp in the US during July and Aug 2019. We hope that Assaf will be accepted to this very special scholarship program as a part of a Peace Camp Initiative in a youth delegation sent from Israel to the US, in which one Jewish Boy and One Jewish Girl are traveling along with one Arab Boy and one Arab Girl.
6. We are launching a new web site for our dojo and we make all necessary operational and marketing preparation for a larger enrollment for the following school year Starting Sep 2019.

May these be successful and blessed times for us all.

Panama

We are happy to report that during November 2018 we had Fernando Alvarado (father) and Felipe Estribí promoted to Ni Dan. Fernando Alvarado (jr) was promoted to San Kyu and Cristian Rivas to Yon Kyu. Roberto Mendez was promoted to San Dan last April 2019.

We have been working on Kata. New kata for everyone and polishing old kata they know. We have also been working on Shihan's one steps. There has been also emphasis on Dan students to work on how to instruct others and be responsible for other people's training. Dan students have also been working on kata analysis to derive effective techniques from them.

SRI Lanka Summary for 2018 Organized three training camps outside Colombo.
Participated in domestic Karate tournaments.
Worked as the President – Sri Lanka Karate Do Federation (Colombo)

Goals for 2019 Active participation in domestic tournaments.
Organize at least two outside training camps.
Organize a training camp with the participation of a Master from GKK International-USA. This is the priority one for 2019.
Increase the number of GKK Sri Lanka memberships.

M. Yamakura	Chairman	3763 Old Creek Road, Troy, MI 48084	chairman@goju.com
Ed Myers	CEO	11568 Reed Road, Whitehouse, OH 43571	myerse@tmdinc.com
Dwight Scales	USA Director	1940 Bobolink Lane, Toledo, OH 43615	1940dscales@gmail.com
Eric Naujock	Webmaster	2146 Queensdale Ct., Maumee, OH 43537	webmaster@goju.com
Bill Kane	Program Development	7 Shalimar Lane, Maple Glen, PA 19002	wmkane@comcast.net
Deb Crawford	USA Business Manager	5705 Northlake Road, Springfield, IL 62711	sharpda71@msn.com
Angie Monday	Merchandise Administrator	6030 Davida, Toledo, OH 43612	angie.monday@yahoo.com
Bill Handren	Newsletter Editor	115 West North Street, Dwight, IL 60420	yokagawa2002@yahoo.com

All articles and photographs are the copyright property of the authors / photographers and do not necessarily represent the views or opinions of the Goju-Ryu Karate- Do Kyokai. Consult your physician before beginning any exercise program and always train under the direct supervision of a qualified instructor. Neither the authors nor the Goju -Ryu Karate- Do Kyokai assume any liability for information contained in this Newsletter.